

Step Therapy requirement

A. Angiotensin receptor blocker (ARB) & ARB + hydrochlorothiazide combinations:

Formulary Medications	Targeted ST Medications	Requirement
Candesartan, Irbesartan, Losartan,	Diovan®, Benicar®, Edarbi®	Trial & failure of 2 generic
Telmisartan		alternatives within past 1 year
Candesartan + Hct, Irbesartan + Hct,	Benicar-HCT®, Teveten-HCT®	Trial & failure of 2 generic
Losartan + Hct, Telmisartan + Hct		alternatives within past 1 year.

B. Nasal corticosteroids:

Formulary Medications	Targeted ST Medications	Requirement
Flunisolide, Fluticasone, or	Qnasl [®] , Nasonex [®] , Beconase [®] ,	Trial & failure of 1 generic nasal
triamcinolone nasal sprays	Omnaris®, Rhinocort®,	corticosteroid within past 180
	Veramyst®, Zetonna®, Dymista®	days.

C. Ophthalmic antihistamine solutions:

Formulary Medications	Targeted ST Medications	Requirement
Azelastine drops 0.05%, Olopatadine	Pataday®, Optivar®, Bepreve®,	Trial & failure of 2 generics
0.1%	Emadine®, Pazeo®, Lastacaft®	alternatives within past 1 year.

D. Anti-migraine (triptan) medications:

Formulary Medications	Targeted ST Medications	Requirement
Naratriptan, Rizatriptan,	Relpax [®] , Axert [®] , Frova [®]	Trial & failure of 2 generic triptans
Sumatriptan, Zolmitriptan (oral &		within past 1 year.
ODT)		

E. Overactive bladder medications:

Formulary Medications	Targeted ST Medications	Requirement
Tolterodine, Trospium, Oxybutynin	Enablex [®] , Vesicare [®] , Toviaz [®] ,	Trial & failure of 2 generic
	Myrbetriq®, Gelnique®, Oxytrol®	therapeutics alternative within the
		past 1 year.

F. Bisphosphonates for the treatment or prevention of osteoporosis:

Formulary Medications	Targeted ST Medications	Requirement
Alendronate, Ibandronate	Actonel®, Boniva®	Trial & failure of 2 generics
		therapeutic alternatives within the
		past 1 year.

PROPRIETARY Page 1 | 2



G. Proton pump inhibitors for gastro-esophageal reflux disease:

Formulary Medications	Targeted ST Medications	Requirement
Omeprazole, Lansoprazole,	Dexilant®, Aciphex® (brand),	Trial & failure of 2 generics
Pantoprazole, Esomeprazole,	Zegerid® (brand & generic)	therapeutic alternatives within the
Rabeprazole		past 1 year.

H. Acne vulgaris treatment:

Formulary Medications	Targeted ST Medications	Requirement
Sulfacetamide, Sulfacetamide w/	Azelex [®] , Epiduo [®] , Fabior [®] ,	Trial & failure of 2 generics
Sulfur, Adapalene, Tretinoin	Tazorac [®] , Aczone [®]	therapeutic alternatives within the
		past 1 year.

I. Acne rosacea treatment:

Formulary Medications	Targeted ST Medications	Requirement
Metronidazole gel, Sulfacetamide	Mirvaso®, Soolantra®, Finacea®,	Trial & failure of 2 generics
w/ Sulfur	Azelex®	therapeutic alternatives within the
		past 1 year.

J. Benign prostatic hyperplasia treatment:

Formulary Medications	Targeted ST Medications	Requirement
Alfuzosin, Doxazosin, Finasteride,	Rapaflo [®] , Avodart [®] , Cialis [®] ,	Trial & failure of 2 generics
Tamsulosin, Terazosin	Jalyn®	therapeutic alternatives within the
		past 1 year.

K. Ophthalmic non-steroidal anti-inflammatory solutions:

Formulary Medications	Targeted ST Medications	Requirement
Bromfenac 0.09%, Diclofenac	Ilevro® 0.3%, Nevanac® 0.1%	Trial & failure of 2 generics
0.1%, Ketorolac 0.4%,		therapeutic alternatives within the
		past 1 year.

L. Pregnancy-induced nausea and vomiting:

Formulary Medications	Targeted ST Medications	Requirement
Metoclopramide, Promethazine,	Diclegis® (doxylamine-	Trial & failure of 2 generics
Ondansetron	pyridoxine)	therapeutic alternatives within the
		past 6 months.

PROPRIETARY Page 2 | 2