

Wake up to a brighter world with SleepCharge



Transform your sleep – and your health

SleepCharge provides a comprehensive, coordinated, and continuous sleep care management program.

SleepCharge meets you where you are.

You and your covered dependent(s) over 18 have access to testing, diagnosis, treatment, support, and monitoring related to sleep issues. SleepCharge provides access to one integrated care team for a wide range of sleep disorders, including the four most common: apnea, insomnia, circadian rhythm disorders, and sleep-related movement disorders.

All eligible members enrolled will get access to the following at no cost:

- A virtual teleconsult and at-home sleep study for convenience and privacy
- Access to board-certified sleep physicians
- Sleep resources in the Sound Sleeper

Members get access to the following, managed through the Nox platform, if diagnosed with a sleep disorder:

- Personalized treatment recommendation
- Dedicated sleep physician-led care team
- Behavioral care management
- Ongoing supplies replenishment and care

Register today to start your sleep health journey!

The SleepCharge process begins with the **5-minute Sleep Checkup™**. You can take the Sleep Checkup and get your personalized sleep report by visiting sleepcharge.com/ascip.

Already on treatment?

Transfer your care to SleepCharge to receive a personalized sleep plan and treatment by calling us at **(877) 615-7257, option 2**.

Scan the QR code below or visit sleepcharge.com/ascip to get started today.

