

Halcyon

Employee Assistance Program



At some point in our lives, each of us faces a problem or situation that is difficult to resolve.

When these instances arise, Halcyon will be there to help. Halcyon EAP is a company-sponsored resource that helps you deal with life's challenges and the demands that come with balancing home and work. The program provides confidential, professional counseling for a wide array of personal and work-related concerns.

Halcyon EAP provides confidential, professional referrals and face-to-face counseling for a wide array of personal and work-related concerns, such

as:

Stress and Anxiety • Depression • Marriage and Relationship Problems • Grief and Loss • Substance Abuse • Legal Services • Anger Management • Work-Related Pressures • Education Guidance • Child Care Referrals • Financial Planning • Elder and Adult Care Referrals • Family Issues • Identity Theft Recovery

Referrals, Consultation and Other Resources

Whether you are a new parent, a caregiver, selling your home or looking for legal advice, you're likely to need guidance and referrals to expert resources. Halcyon EAP's work-life specialists are here to help. The program includes the following work-life services:

- **Legal Assist:** Free Telephonic or Face-to-Face Legal Consultation
- **Family Assist:** Consultation and Referral Services for Daily Living Issues, Such as Dependent Care, Auto Repair, Pet Care and Home Improvement
- **Financial Assist:** Expert Financial Planning and Consultation

Web-Based Services

- Scheduled Video, Telephonic and Web Chat Counseling Sessions via the eConnect® Platform
- Thousands of Helpful Articles and Tip Sheets for Personal and Work-Related Topics
- Search Engines and Directories for Child Care, Elder Care, Education, Legal, Financial and Convenience Services
- Discounted Fitness Center Memberships
- Skill Builders: 20-Minute eLearning Modules
- Self-Assessment Tools: Evaluate Your Health and Emotional Well-Being
- Multimedia Streaming Audio and Video Clips
- Bilingual Content (English and Spanish)

Confidentiality

Halcyon EAP upholds strict confidentiality standards. Nobody will know you have accessed the program unless you specifically grant permission or express a concern that presents us with a legal obligation to release information.

Support for everyday issues. Every day.

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Local: 559-751-0015

Web: www.halcyoneap.com

Username: edcare



Halcyon
EAP